Study Visit Programme

Barcelona | 16–17 November 2026



Learning Exchange on Supported Decision-Making, Legal Capacity and Independent Living

Introduction

Participants

- ÉFOÉSZ (Hungary)
- Som - Fundació (Catalonia, Spain)



Objectives

- Explore supported decision-making practices in Catalonia and Spain
- Learn about implementation of Law 8/2021
- Exchange experiences on independent living and community inclusion
- Meet professionals, self-advocates and family members
- Identify opportunities for future collaboration and European projects



Key themes of the Study Visit



DAY 1 Overview

16 November 2026

09:00 SOM FUNDACIÓ

Location: Sant Fructuós Street 12, Barcelona

Speaker: Staff Som - Fundació

Website: https://somfundacio.org/

- Legislation and methodology of supported decision-making
- Practical implementation and available data
- Safeguards and financing mechanisms
- Institutional framework
- Lessons learned
- Areas requiring systemic change
- Future cooperation opportunities



DAY 1 · Morning sessions

10:30 Fundació Catalana Sindrome de Dowm

Speaker: Pep Ruf, **Technical Director of the Autonomy Support Area**
Website: **https://fcsd.org**

- Innovation methodologies
- Disability support services
- Supported decision-making
- Independent living
- Personal autonomy
- Practical implementation and outcomes

11:00 Dincat

Spekaers: Victor Galmés & Staff **(Director**)

Website: **https://dincat.cat/**

- Umbrella organisation perspective
- Disability policies in Catalonia
- Institutional framework
- Awareness-raising strategies
- Systemic change

12:00 Fundación Aequitas

Speaker: Valero Soler Martín-Javato **(Notary in Barcelona)**

Website: **https://aequitas.notariado.org/**

- Legal reform
- Law 8/2021
- Rights-based approaches
- Legislative development

12:45 Public Prosecutor's Office

Speaker: Remei Soriano **(Prosecutor of the High Prosecutor's Office)**

- Legal implementation
- Safeguards
- Challenges of practical application

13:45 Networking Lunch

Lunch

CaixaForum Barcelona



Click here to view the restaurant's profile on Google Maps.

We will move to another neighborhood by metro.

DAY 1 · Afternoon sessions

16:00 – 17:30



Fundació Astres & Habitat 3: Casa Bloc Project

- Inclusive housing
- Community living
- Supported housing
- Independent living pathways
- Replicability in Hungary

DAY 2 · Morning sessions

9:00 Som - Fundació

Location: Carrer Sant Fructuós 41, Barcelona
Speaker: Juanma Martin **(Responsible for the social area and member of the management team)**
Website: **https://somfundacio.org/**

- Review of learning
- Practical implementation
- Available data & Programs
- Safeguards
- Goals, Methodology & Staff: Social Area
- Training systems
- Implementation challenges and operational difficulties

10:30 Fundació Vella Terra - Mas Sauró

Speakers: Núria Figueras (**Director of the residential service for individuals with intellectual disabilities and behavioral disorders Mas Sauró) &** Carla Colás **(Social Professional from Som - Fundació)**

Website:
https://fundaciovellaterra.org/residencia-mas-sauro/

- Residential support services
- Independent living
- Community inclusion
- Organisational challenges
- Shared life projects
- Support relationships
- Autonomy and daily life
- Professional perspectives

11:30 Asociación Liber

Speaker: Daniel Romero **(Legal advisor)**

- Umbrella Organization View (Spain) SDM
- Institutional framework and training systems for supporters
- Awareness-raising and attitude-shaping tools
- Legislation and methodology of supported decision-making

Website: **www.asociacionliber.org**

12:30 Speakers: Experts by experience: Participation of people with intellectual disabilities who receive support from Som - Fundació

Website: **https://somfundacio.org/que-fem/accessibilitat-cognitiva/**

- Everyday aspects of decision-making support in people's lives
- Accessibility & group validators
- Space for sharing
- Inclusive communication

13:30 Lunch

Catering at the office itself provided by Fundació Jovent

Website:
https://www.barcelona.cat/barcelonainclusiva/ca/fitxa_fundacio_privada_jovent_835.html

DAY 2 · Afternoon sessions

15:00 MARTA RALLO AYEZCUREN

Magistrate, Court of First Instance of Barcelona

- Application of Law 8/2021
- Decision-making support
- Experience from the area of justice
- Practical challenges

16:00 EXPERTS BY EXPERIENCE

People with intellectual disabilities and families supported by Som - Fundació

- Everyday experiences
- Life decisions
- Family perspectives **(From Som Futur Program)**
- Challenges and achievements
- Everyday aspects of decision-making support in people's lives

17:00 REFLECTION SESSION

- Lessons learned
- Opportunities for adaptation in Hungary
- Discussion and conclusions



DAY 2 · Closing and farewell



17:00 -17:30 CLOSING SESSION

- Key learnings
- Opportunities for cooperation
- Joint projects
- Next steps

21:00 – 23:00 FAREWELL DINNER

Networking and informal exchange

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Building partnerships to advance Supported Decision-Making and Independent Living across Europe





